



XI International Congress ISSAM

«SOS (SARCOPENIA, OBESITY, STRESS) - EMERGENCY IS REQUIRED!» 3 SIDES OF HORMONAL IMBALANCE

PRELIMINARY PROGRAM

9.00-10.00	<p>Opening Ceremony <i>Plenary lecture</i> «How to preserve health and quality of life at the age of 90+» <i>Bruno Lunenfeld, MD, PhD, FRCOG, FACOG (hons), POGS (hons) Professor Emeritus at the Faculty of Life Sciences, Bar-Ilan University, and Ramat Gan (Israel). President of the International Society for the Study of the Aging Male (since 1998), co-founder and patron of The Asian-Pacific Initiative on Reproductive Endocrinology, Editor of The Aging Male</i></p>
10.00 – 10.30	<p>«Development of love and sexual attachment in men and women: similarities and differences» <i>Borys Vornyk, MD, PhD, professor, honored physician of Ukraine Republic, Chair of Sexology and Medical Psychology (Kiev, Ukraine)</i></p>
S - SARCOPENIA	
10.30-10.50	<p>«Sarcopenia: definition, classification, methods of SMART-diagnostics. Advanced methods of prevention and control of sarcopenia» <i>Svetlana Kalinchenko, MD, PhD, professor, Chair of Endocrinology, People's Friendship University of Russia, Scientific Director, Clinic of Professor Kalinchenko (Moscow, Russia)</i></p>
10.50-11.10	<p>«Sarcopenia and testosterone deficiency in men and women» <i>Igor Tyuzikov, MD, PhD, professor of RAE, Honored worker of science and education, urologist, andrologist, urogynecologist (Yaroslavl, Russia)</i></p>
11.10-11.30	<p>«Sarcopenia and Vitamin D deficiency» <i>Darya Guskova, Endocrinologist, androlog, research associate, The Research Center for Urology (Moscow, Russia)</i></p>
11.30-11.50	<p>«Sarcopenia and growth hormone deficiency. Influence of anabolic hormones on spermatogenesis» <i>Nadezhda Mazerkina, MD, PhD, Burdenko Neurosurgery Institute (Moscow, Russia)</i></p>
11.50-12.10	<p>«Sarcopenia and hypoxia in men and women. Similarities, differences and possible treatment » <i>Yuliya Tishova, MD, PhD, associate professor, Chair of Endocrinology, People's Friendship University of Russia (Moscow, Russia)</i></p>
12.10-12.30	<p>«Sarcopenia and Omega-3 deficiency» <i>Leonid Vorslov, MD, PhD, associate professor, Chair of Endocrinology, People's Friendship University of Russia (Moscow, Russia)</i></p>
12.30-13.00	Break
O - OBESITY	
13.00-13.20	<p>«Obesity: definition, classification, methods of SMART-diagnostics. Sarcopenic obesity. New treatment approaches. Intestinal incretin replacement therapy» <i>Yuliya Tishova, MD, PhD, associate professor, Chair of Endocrinology, People's Friendship University of Russia (Moscow, Russia)</i></p>
13.20-13.40	<p>«Obesity and estrogen deficiency in men» <i>Leonid Vorslov, MD, PhD, associate professor, Chair of Endocrinology, People's Friendship University of Russia (Moscow, Russia)</i></p>

13.40-14.00	« Obesity and progesterone deficiency in men and women » <i>Marina Zhilenko, MD, PhD, gynecologist-endocrinologist, Chief of the department of gynecology, Clinic of Professor Kalinchenko (Moscow, Russia)</i>
14.00-14.20	« Obesity and osteoarthritis: is there a direct relationship? » <i>Nadezhda Mazerkina, MD, PhD, Burdenko Neurosurgery Institute (Moscow, Russia)</i>
14.20-14.40	« Obesity and intestinal dysbiosis. Deficiency of B Vitamins. Three facets of one problem » <i>Yuri Khalimov*, MD, Chief freelance specialist endocrinologist of the Healthcare Committee of St.Petersburg, Head of Military-field therapy chair at Kirov Military Medical Academy, Ministry of Defence of the Russian Federation (St.Petersburg, Russia)</i>
14.40-15.00	« Hypothyroidism and obesity. New approaches to the diagnostics of subclinical and tissue hypothyroidism » <i>George Mskhalaya, MD, Head of Andrology and Endocrinology department Center for Reproductive Medicine MAMA, scientific Secretary ISSAM (Moscow, Russia)</i>
15.00 – 15.20	Break
S - STRESS	
15.20-15.40	« Oxidative stress: definition, classification, methods of SMART-diagnostics » <i>Igor Tyuzikov, MD, PhD, professor of RAE, Honored worker of science and education, urologist, andrologist, urogynecologist (Yaroslavl, Russia)</i>
15.40-16.00	« Oxidative stress and pH-balance of the body: methods of diagnostics and correction » <i>Stanislav Amelichkin, PhD in Engineering sciences, Emperor Alexander I St. Petersburg State Transport University (St. Petersburg, Russia)</i>
16.00-16.20	« Oxidative stress and neuropathy » <i>Irina Gurieva, MD, professor of endocrinology and diabetology Russian Medical Academy of Postgraduate Education, director of the Moscow Center "Diabetic foot" Federal center of expertise and rehabilitation of disabled persons (Moscow, Russia)</i>
16.20-16.40	« Oxidative stress and infertility. Parentage at the age of 50+ Myths, facts, role of ART » <i>George Mskhalaya, MD, Head of Andrology and Endocrinology department Center for Reproductive Medicine MAMA, scientific Secretary ISSAM (Moscow, Russia)</i>
16.40-17.00	« Methods of oxidative stress control. How to correctly select an antioxidant? » <i>Svetlana Kalinchenko, MD, PhD, professor, Chair of Endocrinology, People's Friendship University of Russia, Scientific Director, Clinic of Professor Kalinchenko (Moscow, Russia)</i>
17.00-17.20	« Chronic stress in the modern life. Methods for control and prevention » <i>Yuriy Sivolap, MD, PhD, Professor of Psychiatry and Addiction First Sechenov State Medical University (Moscow, Russia)</i>
17.20-17.40	Break
Topical issues of modern medicine	
17.40-18.15	« Sexual function of men at the age of 70+ Myths and the truth » <i>Bruno Lunenfeld, MD, PhD, FRCOG, FACOG (hons), POGS (hons) Professor Emeritus at the Faculty of Life Sciences, Bar-Ilan University, and Ramat Gan (Israel). President of the International Society for the Study of the Aging Male, co- founder and patron of The Asian-Pacific Initiative on Reproductive Endocrinology, Editor of The Aging Male</i>
18.15-18.30	CLOSING CEREMONY

* The organizer keeps the right to change the program

If you have any issues, please, contact:

+7 499 500 93 96

event@mb-solutions.ru

www.issam.pro

We are waiting for you and we wish you success at work!